

# SUSQUEHANNA COUNTY SUICIDE AWARENESS TOWN HALL MEETINGS

A series of three Town Hall Meetings will be held to discuss Suicide and Suicide Awareness in Susquehanna County.

## TOWN HALL SESSION I, MARCH 4, 2021, 6:00 PM

**REDUCING SUICIDE IN SUSQUEHANNA COUNTY: COMMISSIONER ELIZABETH ARNOLD AND COMMISSIONER JUDITH HERSHEL**

**ZOOM LINK:**

<https://zoom.us/j/97064971720?pwd=U3loTEFDQXU0WUpJcm16VER6eGdGZz09>

Meeting ID: 970 6497 1720 Passcode: yc2FMk

Call-in Number: 1 646 558 8656

Meeting ID: 970 6497 1720

Call-in Passcode: 248607

## TOWN HALL SESSION II, MARCH 11, 2021, 6:00 PM

**REDUCING STIGMA, INCREASING HELP SEEKING BEHAVIOR, AND SUGGESTING STRATEGIES TO MANAGE OUR EMOTIONAL WELLNESS: DENISE CAREY, LCSW, ASSISTANT VICE PRESIDENT OF OPERATIONS, SCRANTON COUNSELING CENTER**

**MINDFULNESS: PHILLIP SALLAVANTI**

**STAYING GROUNDED - TOOLS FOR RESILIENCE: REV. KARL JONES, DISASTER RESPONSE COORDINATOR, PENN NORTHEAST CONFERENCE, UNITED CHURCH OF CHRIST**

**Zoom Link:**

<https://zoom.us/j/95720737288?pwd=amFETDVWZkhHskQvUWptWUhTRUNIQT09>

Meeting ID: 957 2073 7288 Passcode: vHdeW2

Call-in Number: 1 646 558 8656

Meeting ID: 957 2073 7288

Call-in Passcode: 806806

## TOWN HALL SESSION III, MARCH 18, 2021, 6:00 PM

**PREVENTION TRAINING FOR NATURAL LISTENERS, GATEKEEPERS, AND THE COMMUNITY: WHAT IS MENTAL HEALTH FIRST AID: STEVEN ELTZ, ADVOCACY ALLIANCE**

**KEEPING OUR GUNS, OURSELVES, AND OUR FAMILIES SAFE: SUSQUEHANNA COUNTY SHERIFF LANCE BENEDICT**

**COUNSELING FOR ACCESS TO LETHAL MEANS (CALM): RON COLBERT, LPC, DIRECTOR OF FORENSIC SERVICES, SCRANTON COUNSELING CENTER**

**CLOSING REMARKS: COMMISSIONER ELIZABETH ARNOLD**

**Zoom Link:**

<https://zoom.us/j/92364792672?pwd=aXRTbWFtZHNiZzVsR1doSjNmMEg3QT09>

Meeting ID: 923 6479 2672 Passcode: muLet1

Call-in Number: 1 301 715 8592

Meeting ID: 923 6479 2672

Call-in Passcode: 814323

